

## PHYSICAL CARD REQUIREMENTS

ALL athletes planning to participate in *CRAIG ATHLETICS* this *FALL* **MUST** meet the following guidelines for *PHYSICAL EXAMINATION* to be *ELIGIBLE TO PRACTICE* and *COMPETE*:

W.I.A.A. requires a **PHYSICAL EXAMINATION** for 1 or 2 years based on the following criteria: (1) Examination taken after 4/1 is good for the following 2 school years; (2) Examination taken before 4/1 is good for the remainder of that **SCHOOL YEAR** and the following **SCHOOL YEAR**. Alternate year cards will be used the second year for students who received a two-year examination. Physical examination cards of new enrollees are eligible to be transferred based on the criteria above. Cards verifying this information **MUST** be on file with Craig's Athletic Office **PRIOR** to **PRACTICE**.

**PHYSICAL BEFORE 4/1/07** ⇒⇒ **ATHLETE NEEDS A "GREEN" PHYSICAL CARD**

**PHYSICAL FROM 4/1/07 – 3/31/08** ⇒⇒ **ATHLETE NEEDS A "BUFF" ALTERNATE YEAR CARD**

**PHYSICAL ON OR AFTER 4/1/08** ⇒⇒ **OK**

## EMERGENCY CARD REQUIREMENTS

A red **EMERGENCY** card is required which includes a brief health history and signed permission for **MEDICAL TREATMENT** as well as **PROOF OF INSURANCE**. A new **EMERGENCY** card is required each year and has to be filled out and signed by a parent/guardian.

## CODE CARD REQUIREMENTS

A code card must be on file for a student to participate in **SPORTS** as well as any **CO-CURRICULAR ACTIVITY**. Code meetings are scheduled periodically throughout the year primarily before each sports season, in August, October, and February. A make-up meeting can be scheduled by contacting Mr. Phillips at 743-5270.

A parent/guardian **MUST** attend the code meeting along with the student. The student need only attend one code meeting during his/her high school career. However, the student's signature is required **EACH YEAR** for participation. The cards are kept in the Assistant Principal's Office/Athletic Department.

Practice for your sport is allowed without participation in the code meeting; however, you will not be allowed to compete without a signed code card on file.

The back of the code card contains information for the HIPAA Privacy Rule. This information is needed in order for the school to be able to exchange information with the athlete's physician in case of an accident or other emergency. Craig High School requests that you fill out this information completely, as well.

**ALL ATHLETES ARE REQUIRED TO TURN IN YOUR PHYSICAL, EMERGENCY AND ALTERNATE YEAR CARDS TO THE ASSISTANT PRINCIPALS OFFICE! DO NOT TURN THEM IN TO YOUR COACH!**